

#### THE FACTS

Falls can result in severe injuries. Follow these tips to help prevent a tragedy.

For more safety information, visit www.lebonheur.org/safekids

# FALLS SAFETY

## SAFETY TIPS

- Keep chairs, cribs and other furniture away from windows.
- Never leave a baby alone on a changing table, couch or other furniture.
- Always keep one hand on the baby while changing diapers.
- Always strap baby into a high chair, swing, changing table, stroller or shopping cart.
- Use stationary playcenters Do not use the kind with wheels.
- Remove hazards in the home like loose floor rugs, electric wires or cords on the floor.
- Light the stairway and keep clutter-free.
- Use playgrounds or playing fields with rubber, mulch or sandy surfaces. Grass and dirt are not as good at preventing serious injuries. Avoid asphalt.

## GET THE GEAR!

#### FEATURED ITEM - SAFETY GATES

- Use at the top and bottom of stairs. The slats should not be more than 3 inches apart.
- Where to find Baby stores, discount stores
- Prices begin at \$15.00



**Use Safety Gates**